

FRUITY SHOP BKK CO., LTD

# FRUITY SHOP



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## COCONUT

- Coconut water is never out of trend despite various attractive aromatic and nutritious drinks in the market. It is a miraculous drink beneficial for our body in multiple ways. Coconut water has been consumed for centuries in tropical regions around the world. It helps to provide an instant boost of energy.



## MANGO

- Mangoes may improve immunity, reduce the risk of different types of cancer, enhance digestive health, reduce the risk of cardiovascular diseases, improve digestion, and enhance vision. All these can be attributed to their rich antioxidant content.



## SOURSOP

- Soursop contains high amounts of potassium and iron, which can help lower blood pressure. But it also lowers blood sugar levels. Soursop is high in vitamin C, an antioxidant known to boost immune health. The vitamin strengthens your immune system, improving its ability to defend against pathogens. It also promotes the destruction of free radicals, which can help to protect your skin and cells from environmental oxidative damage. One whole soursop fruit contains 215% of your recommended daily allowance of vitamin C.



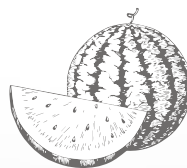
## PASSION FRUIT

- Passion fruit boasts a healthy nutrition profile, making it a beneficial fruit to consume. It is rich in vitamin A, which aids the immune system, vision, and skin. The fruit is also rich in vitamin C which is an important antioxidant.
- All these nutrients make up for the daily recommended intake which the body needs. From phosphorus to niacin, iron, potassium, fibre, and more, passion fruit is one of the foods that contains all the essential minerals and vitamins required by the body on a daily basis, for its healthy functioning.



## PINEAPPLE

- Pineapple is an excellent source of Vitamin C, which boosts your immunity. It also is known for improving various cellular functions. Pineapple also has a considerable amount of Vitamins A, B6, E, and K that help growth and development in the body against infections and regulate blood calcium levels.
- The fruit is superbly rich in antioxidants, flavonoids and phenolic acids that help fight inflammation. It contains bromelain, an enzyme mixture that is used to treat osteoporosis, great for relieving sinusitis and improving digestion.



## WATERMELON

- Watermelon juice contains high levels of potassium that are important for the smooth functioning of the muscles and nerves of our body. Potassium is also a natural electrolyte that is required by our bodies after a workout.
- Watermelon juice Filled with vitamins A, B6, B1 and C – each beneficial to us in its own way. Watermelon juice also houses a component called Lycopene, which along with Beta-carotene ensure a strong and stable heart.

# FRUITY SHOP





## SRIRACHA MAYO SAUCE

- Sriracha mayo add the perfect zing to sandwiches, fish tacos, veggies, and anything grilled. Sriracha mayo is one of those wonder condiments you need in your recipe speed dial list.



## GARLIC MAYO SAUCE

- Garlic Mayo sauce goes as a side with a variety of things, from burgers and fries to salads, veggies and plain roast chicken! Even as a spread on some bread. It has anti-oxidant, and anti-inflammatory properties which help in reducing risks of developing Dementia and Alzheimer's disease.
- It's also used as an anti-bacterial which helps fight colds and flu. The active compounds in garlic helps reduce high blood pressure and improves cholesterol levels.





## SRIRACHA

- One of the main ingredients in sriracha sauce is chili peppers, which contain capsaicin. Capsaicin not only gives the sauce its fiery taste but can also act as a thermogenic chemical, producing heat that may potentially stimulate your metabolism and help burn fat.



## SPICY MAYO SAUCE

- Hot sauce can be a good source of vitamins and minerals, Hot cause can help decrease blood pressure and cholesterol.
- Hot sauce may aid in weight loss.



## TAMARIND SAUCE

- In ancient medicine, tamarind was used for treating malaria, constipation, diabetes, snake bites, and many chronic and acute conditions. Tamarind is a rich source of many phytochemicals and essential amino acids.



## ABOUT AS

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FRUITY SHOP BKK CO., LTD.

The company is an exporter of fresh fruits, vegetables, juice drink, sauce and dry fruits to various countries of the world. We are proud to present high-quality products from the Kingdom of Thailand to our esteemed customers worldwide. Our main goal is to give our customers the highest quality products, providing packaging flexibility, affordable price and punctual delivery, as well as to ensure the need of customers and maximize their satisfaction.